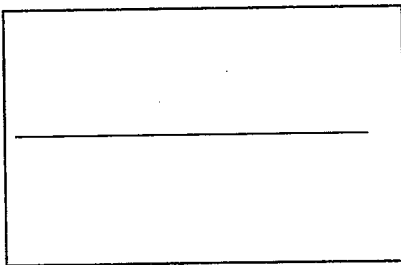


Map of Your Life

You will construct a map of the high and low points of your life, create a graphic representation of important events, people and places in your life up to this point.

Follow this procedure:

1. Start brainstorming significant events in your life. These can be happy memories, sad memories, scary memories, important places, important people, life changing events - your choice.
2. Choose your individual memories and draw a graphic representation (picture) or symbol for each memory.
3. Narrow your choices to the 6 to 8 most important memories and arrange them in chronological order (by the years in which they occurred).
4. On a piece of paper, mark these memories - happy memories above the center of the paper and sad memories below the center of the paper.
5. Connect the dots with a line.



6. Using markers or crayons, draw your picture or a symbol for each event. (Example - symbol of birth could be a stork or baby, Divorce in family could be a drawing of stick people with a lightning strike down the middle.)
7. Write a brief caption for each symbol so that people viewing your map will understand the event.